

Stephen Gray Wallace: Author, Speaker, Consultant

Continuing Medical Education: Prevention and Primary Care



Stephen is a proponent of prevention in primary care, understanding the important role that medical professionals can play in keeping adolescents safe, identifying youth at risk and empowering parents to promote positive developmental outcomes for their children. He addresses key topics such as:

Underage Drinking and Other Drug Use
Early Intimate Sexual Behavior
Bullying and Violence
Suicide and Mental Health

He has translated more than a decade of groundbreaking research into useful tools for physicians, nurse practitioners, physicians assistants and nurses, and mental health professionals that promote healthy communication and behavior.

Objectives

As a highly regarded presenter, Stephen helps medical practitioners:

- ⇒ Better understand — and quantify — the breadth and depth of youth at risk in today's society.
- ⇒ Articulate decision factors and decision points related to such behaviors as underage drinking, other drug use, and early intimate sexual behavior.
- ⇒ Assess progress on key developmental tasks.
- ⇒ Engage in a communication process that will empower parents and teens to better understand the physical, social, emotional, and legal consequences of certain behaviors and to make safer, healthier choices.
- ⇒ Offer concrete communication tools for families.

Advocacy

Stephen is an advocate for youth in his broad experience as a school psychologist and youth and family counselor. He is:

- ⇒ Senior advisor for policy, research, and education at SADD (Students Against Destructive Decisions) and its former chairman and chief executive officer;
- ⇒ Associate research professor and founder/director of the Center for Adolescent Research and Education (CARE) at Susquehanna University;
- ⇒ Associate director, resident camp director, and director of counseling and counselor training at Cape Cod Sea Camps;
- ⇒ Faculty member at the American Camp Association's e-Institute for Professional Development;
- ⇒ Monthly contributor to PsychologyToday.com; and most importantly:
- ⇒ A high-profile participant in, and commentator on, the modern-day adolescent experience. (A sample of interviews includes the NBC's *Today Show*, CNN, Fox News Channel, e-Entertainment and New England Cable News.)

Teens Today Research

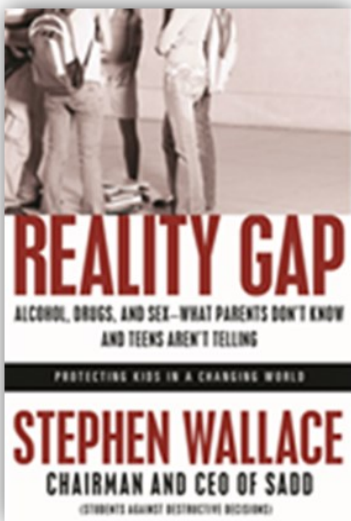
At SADD, Stephen created this acclaimed research program, developing and measuring original psychosocial and behavioral constructs as:

Sense of Self, Decision Factors and Decision Points, Rites of Passage, and Positive Risk Taking.

He has also rigorously researched mentoring and teen driving behaviors.

"Stephen's presentation on the role of the family physician in identifying and responding to teen risk behaviors at the Pennsylvania Academy of Family Physicians (PAFP) Learning Weekend was enthusiastically received with over 150 physicians 'asking for more.'" Stephen received the highest level of evaluation given by our Academy for this type of presentation and was asked to return as soon as his schedule would allow."

-- Douglas A. Spotts, MD, FAAFP, President Elect, PAFP and Chapter Trustee, AAFP Foundation.



Stephen's book, *Reality Gap*, has been named one of the top fifty books for parents by two national organizations.

Sterling Publishing /Union Square Press

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Researcher and Awards Recipient: Stephen Gray Wallace

Unlike “one-off” survey research or academic journal research, Stephen’s projects — while based on the scientific model — move down the path all the way to solutions, answering questions about why young people make the choices they do, who and what influences those choices, and what can parents and other caring adults do to help them make better ones.

His book, *Reality Gap*, lays out in great detail the application of his research, empowering parents, peers, and practitioners to play a more important role in the lives of young people.

Recognition

Stephen has been honored by the White House as a national leader in drug and alcohol education.

In February of 2008, Stephen received an award from the American Camp Association for being a tireless and passionate advocate for youth.

He was also the recipient of the 2010 Leadership Award from the Susquehanna University alumni association for his career accomplishments in serving youth and families.

Most recently, he was bestowed with the first annual SADD Chairman’s Compass Award for his stewardship of that organization.

Appointments

Stephen has held positions in the Psychological Services Department of the Palm Beach County, Florida, public schools; the Pupil Personnel Services Department of the Millis, Massachusetts, public schools; and the Adolescent Psychiatric Unit of Fair Oaks Hospital in Summit, New Jersey.

He served on the conference faculty of the Miami Children’s Hospital Division of Adolescent Medicine, was appointed as a member of the Massachusetts Gubernatorial Task Force on Sexual Abuse and Assault, and was formerly a member of the board of directors of the National Commission Against Drunk Driving.

Stephen is a member of the impaired driving committee at the Institute for Behavior and Health in Washington, DC, an advisory board member for the Student Safety & Campus Security and Impaired Driving Update journals, a columnist/blogger for *Psychology Today* magazine, a contributor to *ParentTeenMatters.org*, and a feature writer for *Camping Magazine*.

Stephen has also authored close to 100 magazine articles, newspaper columns and opinion-editorials on youth development and decision-making.

What People Are Saying

"In this quickly changing healthcare environment, it is more important than ever to have up to date information on risk behaviors and risk prevention for youth. Stephen Wallace has a track record of delivering such information in an understandable and practical way that also recruits our curiosity and generates action. He is well informed and understand youth behavior like few others, but also consistently exalts audiences to action and guides us towards being better youth advocates."

— Ovidio Bermudez, MD, FAAP, FSAHM, FAED, CEDS
Medical Director, Child & Adolescent Services, Eating Recovery Center, Denver, CO

"Stephen Wallace speaks to adults and students with the same immediacy and passion. His solid facts back up his assertions. His caring dedication to young people wins over his audience and holds people in rapt attention."

— Dr. Richard Enemark, Former Headmaster, Doane Stuart School, Albany, NY
Member, National Commission of Independent Schools of the Council for the Advancement and Support of Education

"Having known Stephen Wallace for the past quarter century, I've heard him speak to myriad groups in various settings. He has a unique ability to engage his audience, whether campers, parents, students, or physicians. He is very knowledgeable, insightful, entertaining, and passionate. He stimulates conversation, debate, and thought. I strongly endorse Stephen Wallace as a speaker and as an author."

— Leif R. Norenberg, MD, Pediatrician, Cape Cod Hospital, MA

"Capturing an audience is no small task. Steering the conversation toward sensitive subjects is even riskier. Thankfully, Stephen Wallace has the wit and appeal to engage on topics of dire importance. If only he could be cloned."

— Dr. Duncan Seawell, Clinical Psychologist